

Substance Abuse Rehabilitation Program

Naval Hospital

Camp Lejeune

Robert M. Peebles, Dept
Head

Population Served

- Active Duty Military
- Retirees
- Family Members
- Eligible Government Employees

Services Provided

- Initial Screening
- Intro to Treatment/Skills Building Group
- IMPACT
- Outpatient
- Intensive Outpatient
- Continuing Care
- Dual Diagnosis Group
- Couples Group

Additional Resources

- Back on Track
 - Two week Intensive Outpatient for Combat Stress and PTSD (MHC)
- Outpatient Crisis Prevention Program (OCCP)
 - One week Intensive Outpatient for Coping and Resiliency Skills building
- Combat Stress Group (MHC)
 - Twice weekly Back on Track continuing care group
- Ad-sep Group (MHC)
 - Weekly support group for service members waiting for admin separation

Additional Resources (cont)

- Concussion & mTBI Program (Blast Clinic)
 - Two week Intensive Outpatient coping, resiliency & education for TBI
- Active Duty Women (MHC)
 - Weekly process and support group for women's issues
- Depression/Anxiety Class (MHC)
 - Four week cycle of CBT for mild-moderate depression/anxiety
- PTSD Group 1 and 2 (DHC)
 - Twice weekly process group
- Relaxation Group (DHC)
 - Weekly group for relaxation techniques and social support.

SARP Identified GWOT Issues

CY 08

<u>Cmd</u>	<u>Seen</u>	<u>GWOT</u>	<u>Referred</u>	<u>Receiving Clinic</u>
Div	1299	294	105	Div Psych
MLG	481	68	24	Mental Health
II MEF	261	49	16	Mental Health
<u>MCB</u>	<u>374</u>	<u>53</u>	<u>16</u>	<u>Mental Health</u>
TOTAL:	2415	464	161	

GWOT-Screening process identified that substance use was caused/exacerbated by combat

Referred-after review by Clinical Psychologist to need further assessment/intervention outside the substance abuse professional scope of practice

Initial Screening

- Conducted daily (approximately 20)
- Determine an individuals provisional diagnosis and Level of Care.
- 45-60 minutes
- Reasons Seen:
 - ARI's
 - DRI's
 - Self Referrals
 - Medical

Screening Tools

- Navy Clinical Package
- DSM-IV-TR
- ASAM Patient Placement Criteria
- PHQ-9
- AUDIT
- PCL-M
- TBI Screen
- Epworth Sleepiness Scale
- Breathalyzer
- Saliva Drug Test (randomly)

Intro to Tx/Skills Building

- Didactic Sessions
- Task Group Sessions
- IOP recommendation, OP case-by-case
- Once weekly until OP/IOP begins

IMPACT Level .5

- 20 hours of substance use/abuse education and prevention.
- 4 half days
- Conducted every other week
- No Dx
- Isolated incidents
- AUDIT Score <4

Outpatient Level I

- Group Sessions
- Didactic Sessions
- Individual Sessions
- 20-40 hours per week for two weeks
- Admission every other week
- Abuse/Dependence Dx
- AUDIT Score 4-9

Intensive Outpatient Level II.I and II.5

- Group Sessions
- Didactic Sessions
- Individual Sessions
- Up to 100 hours over three weeks
- Admission every other week
- Abuse/Dependence Dx
- AUDIT Score 10+

Continuing Care

- Group Sessions
- Individual Sessions
- Six sessions closed, transferred to open groups
- Once per week for two hours
- Currently 6 meeting times
- Abuse/Dependence Dx
- Up to 12 months following treatment

Dual Dx Group

- Psychologist/LCSW lead
- Didactic/process groups
- Twice weekly
- Substance abuse/dep and PTSD Dx
- Pre/Post treatment as needed

Couples Group

- Psychologist/LCSW lead
- Process groups
- Weekly
- Substance abuse/dep and PTSD Dx
- Pre/Post treatment as needed
- Minimum of 4 sessions

Staffing

- 1 – Department Head
- 1 – Admissions Coordinator
- 2 – Clinical Psychologists
- 2 – LCSW
- 13 – SA Counselors
- 8 – Admin/Medical Support

Contact Information

- Substance Abuse Rehabilitation Program
 - Dept Head (910)451-0244
 - Admissions (910)451-0256/0257
 - Front Desk (910)451-1175